



*Salamat*, meaning "peace," is here to provide a safe space for you. Our multi-lingual user-friendly screening test focuses on emotional well-being, helping you gain insights into your overall wellness.

Organized by:



Follow-up services provided by:



*Salamat* platform caters for the specific needs of ethnic minorities, refugees, and migrant workers in Hong Kong in mind, as we understand that these communities have often been overlooked and underserved. After completing the screening, you'll receive:



personalized results



guidance on where to seek help



self-help resources



Take a step towards understanding yourself better and let *Salamat* be your companion on your journey to inner peace and contentment!

