

Upcoming Programme (January – March 2018)

Programme for Ladies

Programme Code & Name	Content	Targets (Quota)	Date & Time	Venue	Fee	SHE-SHINES Points	Application Deadline (Responsible Staff)
P17025 Express, Relax	Sometimes it is difficult to tell others our difficulties. Using art can help us express our subconscious feelings and understand ourselves better. Sharing our artwork can help yourself and others that are facing similar situation. Get ready to explore ourselves and support each other in this art journey!	10 South Asian ladies aged 18 or above	26 th Jan – 19 th Mar, 2018 (Every Monday) 1:30-3:30pm	TBC	\$20 / person	10 points/session	23 rd Feb, 2018 (Mavis)
P17037 Social Concern Group II	Community recreation and sports programmes provided by Leisure and Cultural Services Department are conducted in Cantonese. To advocate for justice, let's gather force from EM community and raise our voices to fight for English sports courses!	10 South Asian ladies aged 18 or above	17 th Jan – 7 th Mar, 2018 (Every Wednesday) 1:30-3:00pm	ISSA and Shamshuipo district	\$10 / person	10 points/session	15 th Jan, 2018 (Mavis)
P17038 Paint Against Violence	Get your body ready to paint against violence. In order to promote anti-violence message to the community, we will create a massive artwork painting by our body parts. Let's share a palm or fist for us to fight against violence.	10 South Asian ladies aged 18 or above	13 th Jan – 10 th Feb, 2018 (Every Saturday) 3:00-4:30pm	ISSA	\$10 / person	10 points/session	11 th Jan, 2018 (Mavis)
P17058 Share and care	A health talk about Pneumoconiosis, which is a common lung disease among construction workers, will be given by The Chinese University of Hong Kong (CUHK) in ISSA centre. Our EM ladies who attended the talk will be invited to work with CUHK as volunteers to spread out the knowledge to the community.	20 South Asian ladies aged 18 or above	Session 1: 8 th Feb, 2018 (Thursday) 1:30–3:30pm Session 2: To be confirmed	Session 1: ISSA Session 2: TBC	Free	Session 1: 10 points Session 2: 20 points	5 th Feb, 2018 (Puja)



She-Shines and Khushi Girls Award Presentation Ceremony

Date: (Sunday) 4 March 2018

Time: 2:00pm - 5:00pm

Venue: The Hong Kong Polytechnic University

Content: Award Presentation, Performance, Exhibition and Refreshment

Target: All South Asians

★ Come & join us ★

**Coach will be arranged for participants. (Enrollment is required)

Please feel free to call us at 31882525 for any enquiry